

# The Chris Ruth Centre

Newsletter October 2021

*K*ia ora koutou,

I trust you are all well and are enjoying the lovely spring days when we have them.

As we move through a further phase of Covid and all that it brings I believe it is time for us to accept that it is not going away which ultimately means we need to adjust to living with it the best we can while continuing to operate under the guidelines. We need to still enjoy our lives. Time will only tell what the future will bring in regards to Covid, but in the meantime, we are all doing our best to support each other in a positive and meaningful way to ensure that persons who attend our centres continue with their programmes.

I would like to say a big thank you to all the staff, families, and carers for their support during the latest lockdown. I think we are all grateful that it wasn't as long.

It is with sadness I share the loss of Deborah B from our Kaiapoi centre. In the short period of time Deborah was with us she enjoyed all of her activities and quickly became a popular participant in the centre. Her laughter and cheeky sense of humour will be greatly missed. Our condolences are extended to her family.

## New Centre

On an exciting note, we are very pleased to share that the new Centre at Sockburn is open and people are enjoying this space. The address is:  
Unit 7,  
6 O'Briens Road, Sockburn.

Diana Stewart is the Manager and Phillipah Muyani is the Lead Vocational Support Person. Sockburn Centre phone number 341-1167.

With Diana moving to the new Centre her position has been filled by Di Gimpl who along with Adrienne Lyon will continue the management of Hoon Hay 3.

## Service Transformation

A team of Chris Ruth Centre people is currently completing a 20-week workshop with the long-term outcome of maintaining continuous improvement for our organisation. Our major focus is to embed the enabling good lives principles further into our practices. These principles are on our website for those who would like to know more about them.

Once the workshop is completed we will be inviting 10-15% of our families and service users, plus all staff to participate in an Organisational Self Review. We completed one of these 10 years ago and it is time we repeat this again.

We will then be looking at the format of our annual planning goals and making changes to embed the principles.



## Congratulations:

To the following people who have completed the Career Force Health & Wellbeing certificates:

**Pam Reuben - Level 2**

**Tyler Legge - Level 3**

**Chad Elliot – Level 3**

*Ngā mihi*

*Marilyn Paston (CEO)*



# The Lamar Room



Tēnā koutou... Spring has arrived and Christchurch is looking blooming beautiful. The Lamar room have a spring in their step and have been busy little bees. We have been out in the community enjoying the beautiful parks and recreational walks.

We were given the privilege of wearing a Korowai for Maori Language Week and we are also working on a kowhaiwhai pattern to go around our large mirror.

Koa ki ngā whakaahua (enjoy the photos).

Ngā mihi, Lynette Wilson



Pictures from top left, clockwise: Teresa with her painted part of the kowhaiwhai; Liam, Charlotte, Charlie wearing the korowai; Rory at the Sensory Room; Huong at Trees for Canterbury; Lisa with her finished frame; Melissa enjoying the blossoms; Asher trying his hand at fishing; Hannah on the Drury carousel.





Junior raising the flag

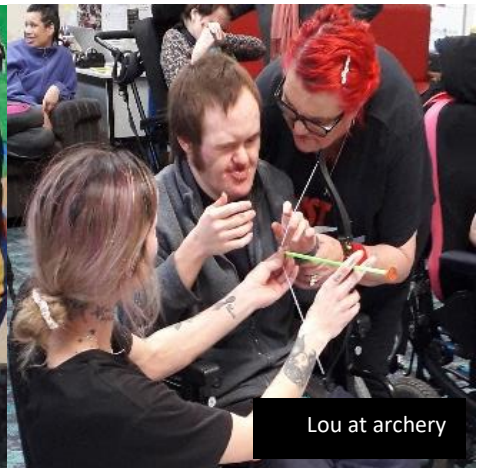


Kia ora – Haere Mai. Welcome. All of us in Hoon Hay One are excited about jumping into spring & getting out & about now that the weather is improving.

With the Olympics recently televised, many of our people watched the games at home. So in keeping with the spirit of things, we held a sports day involving archery, ripper rugby, badminton, shotput and the 'Washing Line' relay. We dressed in our sportswear and got into the Olympic spirit with gold medals awarded to the winning athlete or team, at the medals ceremony.



Rick at shotput



Lou at archery



Last month we acknowledged Maori Language Week. It was great to see the staff getting involved with the Te Reo Maori. On the Tuesday we signed up & took part in the 'Maori Language Movement' – we had quizzes, games & did our MOVE session with Maori songs & dances!



It's been a time for celebration with several birthdays – from top Mike, Lucas & Tia. Tia hired a pink limo on her birthday & used her device to invite friends to join her. They all enjoyed a glass of bubbles (apple juice) & took in the sights of the central city.

Chevani and Sofia have been out and about enjoying the spring weather and Batin is super proud of her mosaic bird house!

A huge thanks to all staff who supported clients over Level 3 Lockdown – especially Nikita and Jenny.

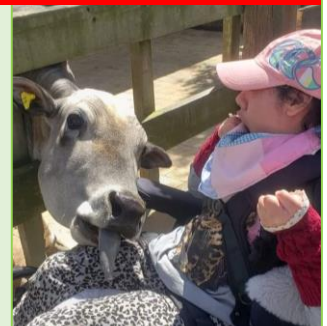
At the beginning of October, we said farewell to staff Sharelle, Donna and Vanessa and to our persons – Henry, Cody, Chessie, Karina, Simon and Nathan. They have moved to the new Sockburn Centre. It is not the same without them!!!

If you have any spoon, forks, flannels etc which may have inadvertently gone home in lunch boxes, they would be very much welcomed back here.

Keep in touch, Adrienne.



WILLOWBANK VISIT – (from top) TE AROHA, CHESSIE & ALICE





## HOON HAY THREE

This season in HH3 we wished Howard Brand a massive 65<sup>th</sup> birthday – we celebrated the day with a grand party. We enjoyed a shared lunch of fish and chips followed by Howard’s choice of chocolate mousse cake and then an afternoon of music and games.

This season, some of our people have been on a few adventures. We have been on the Diamond Harbour Ferry’ Flip Out trampoline park which was a great new opportunity, a day trip to Willowbank to feed and visit the animals, outing to the movies to see Space Jam, an awesome pyjama party disco and an enjoyable afternoon on the carousel at the Drury farm.

During our Covid lockdown we still managed to have interactions with our people via video chat, messenger and Zoom. We had Speech Language Therapy, MOVE and other interactions using these devices.

We would like to welcome Dianne Gimpl to HH3 as our new Manager.

Hoon Hay 3 are definitely looking forward to more adventures in the summertime.

Ngā mihi...

Stacey



Photos Top Right – Clockwise: Howard; Will at Willowbank; Conrad in his onesie; Candyce, Courtney, Ant & Leah riding the Drury Carousel; Eli at Flip Out; Nikki at swimming.



Ant on the Ferry







# KAIAPOI

## SPRING IS IN THE AIR

We have been very busy out and about in the community.

Everyone enjoyed a picnic lunch while we celebrated Josh's birthday. We all enjoyed the homemade baking that was prepared for the picnic at the Kaiapoi Rose garden.

We had lots of fun learning and speaking Maori during Te Reo week.

Our pallet project is blooming. It is a fantastic piece for our garden. Our next project is a pallet herb garden.

It is with great sadness that Deborah passed away on the 22<sup>nd</sup> September. Deborah touched the hearts of everyone with her beautiful personality and contagious laugh. She will be deeply missed by all who had the pleasure of knowing her. Fly high with the angels now Deborah.



*\* Deborah \**



Photos from top left (clockwise): Mathew enjoying the picnic; the whole group at the park enjoying the sun; Petra having fun on the slide; our pallet project; Joshua enjoying his birthday picnic with his Dad and brother.







# ashburton



Levon prepping his garden for Spring.



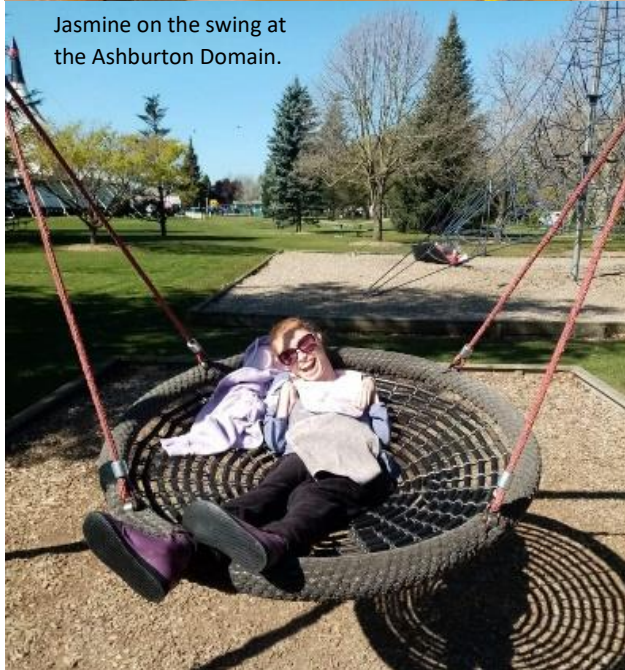
Sapphire & Aidan



Hayden supervising the builders

Kia ora and welcome to the latest Ashburton CRC newsletter. We have certainly had a roller coaster of a ride over the most recent months, but I'm sure everyone will be glad to have returned to a new normality. CRC Ashburton have been busy doing fun activities like community outings (safely), Menzshed, arts and crafts, baking, costume dress ups, work participation, movement jam sessions while also working on achieving goals. We are excited to announce that our sensory room entry door is now complete and we can now start moving in furniture and items. We were very lucky to have had a visit from Holly. We made pizzas for lunch and then arts and crafts making shoe fish for the afternoon. We have also had a few lovely visits from Daniel McIntyre. Now that Spring has arrived just a gentle reminder to parents/families to please send persons in appropriate clothing and sun protection. Enjoy our photos.

**Noho ora mai (stay well).** **Sapphire Stanley**



Jasmine on the swing at the Ashburton Domain.



A group outing to Trott's Garden.



Olivia with her beautiful picture.



James at the MenzShed.



Daniel feeding the ducks.



Hayden's spider





Since the last newsletter, there has been more of a challenge to access some activities, so the team here have been creative to ensure the people we support are engaged.

We have said goodbye but not farewell to Tanya Lamb, who has the exciting opportunity to attend the new Sockburn Centre. We wish her well.



Some of the photos show how some of the people we support are making beautiful and useful items. For example, a weatherproof coat. These projects have been a steady progress, where they have taken small steps each week to complete. This is in line with the Centre's push to be creative with a purpose and while being accessible.

We have also been able to add an additional day at the workplace Arion Farm which has allowed additional people to access and assist.

We have linked up with Christchurch City Libraries, and have a reader come to the Centre, whom is amazing in engaging the guys through the stories she reads.

Our themed Fridays' continue, ranging from Matariki celebrations, 10 pin bowling and Guess Who?

*Ngā Mihi*

*Greg, Candy and the team at Bishopdale.*



Photos from top (clockwise): The Centre at ten pin bowling; Isaac exploring new places to walk; Joshua making Lolly Cake; Liam at his new work placement – Arion Farm; Jesse modelling the coat he sewed; Abigail's completed art goal.



**Bishopdale**





# CRC SOCKBURN



Kia Ora Koutou,

On the 4th October we opened the doors for our people to attend the awesome new Sockburn Centre. Our people came from Hoon Hay 1, 2, 3, and Bishopdale Centres.

Staff supporting the people came from all of these Centres, which has been invaluable. We have a great team who have worked very hard to ensure that everyone has settled and is happy in their new environment.

The people that we support are now putting their own footprints on the Centre by assisting to complete artwork for the walls.

Also, I would like to thank our great team of staff for all they have done; Carole and Brent Bartram and Will Hudsons grandparents for all of their donated goods. Also many thanks to Colin for all he has done to ensure that our centre has everything that we need to support our people.

Please feel free to call in and visit, or phone either Phillipah (Lead Vocational Support Person) or myself with any queries etc.

Diana Stewart (Manager)





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**LAST DAY!**

**12 NOON - WEDNESDAY**

**22<sup>ND</sup> DECEMBER 2021**

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**RETURNING!**

**9:00AM - THURSDAY**

**27<sup>TH</sup> JANUARY 2022**