

The Chris Ruth Centre

Newsletter - March 2023



Kia ora koutou

2023 started on January 25th with staff completing a workshop presented by the Humanly team. The training covered included an interactive and educational presentation on the enabling good lives principles, which enhanced previous work as well as providing refresher information. The Chris Ruth Centre is committed to continuing to embed these principles in our daily practices.

HOON HAY BUILDING REDEVELOPMENT

Preliminary planning and assessments continue with completion not too far away. This is an important part of the redevelopment project and integral to the end result.

In relation to this I am seeking a contact that may be able to help us with doing a promotional video to assist with our funding applications. If anyone knows of someone who has a media background that may be able to support us to make 'Our Refurb Story' please contact me.

STOLEN VEHICLES

Unfortunately, 2 of our wheelchair vans have been stolen over the last four months which has left a shortfall in our vehicle fleet. The impact of this is that some very thoughtful juggling is required to enable the persons we support to get out and about in the community. We will do our best to ensure this occurs.

Meanwhile if you know of a wheelchair van that is available for sale please get in touch.

PLEA FOR TISSUES AND WET WIPES

Each year we ask each of the persons who attend our centres to contribute 3 boxes of tissues and 1 pack of wet wipes. These supplies help with the ongoing expenses and we ask you to please send these in to your respective centres if you haven't already done so. If it is difficult for you to do this and with your permission, we are able to support your person to make this purchase themselves from their petty cash they have onsite. Please let your centre manager know if you would prefer this option.

Remember that if you would like RATS tests or masks please ask your respective manager.

GOODBYE BUT NOT FORGOTTEN

It is with a sad heart that I share the news of Howard Brands passing on 18th February 2023. Howard had been with us since 2014. He was an ambassador of happiness, and will be remembered for making the most of all his opportunities.

THANK YOU

Our sincere thanks and gratitude go to the staff at Craigs Investment. For the past few years the staff at Craigs have made donations to the Trust which is greatly appreciated.

We would also like to acknowledge and thank the Jones Foundation for their donation. We truly appreciate their support.

Attached is a photo of Gavin and Brian from VisionNZ assembling the Interactive Smart Boards which were purchased for each centre. These boards will provide many learning opportunities and I know these will be put to great use.

Please enjoy the first newsletter for 2023.

Ngā mihi, Marilyn

HEALTH & WELLBEING

CAREER FORCE QUALIFICATIONS

*Congratulations to:
Jessica Euston and
Melissa Blockley
for completing Level 3,
and Sharon Levy for
completing Level 4.*



Gavin & Brian

Hoon Hay One

Kia Ora all

We hope you all had a lovely holiday break. This year we welcome Connor Kerr to Hoon Hay One, and we are very happy to welcome Jenny (staff) back full time. The weathers' been great and everyone's been out and about making the most of it. Here's some of the activities we have been up to so far this year.

Special thanks to Rose and John MacIntosh for the recent flower arranging activity. Their kind donation of all the flowers and accessories made this activity even more enjoyable.

Our appreciation goes to all who endeavour to make sure the persons we support get the best out of their outings and activities. We are looking forward to enjoying the remainder of the warm weather and a fantastic year...

Ngā mihi,
Adrienne and the team



Te Aroha getting used to her new switches



Shane continues to collect milk bottle lids which he drops off - eventually they get made into skateboards. Thanks Yvonne for the large bag you gave us!



Geraldine is enjoying attending "Flourish", a new incentive by Braintree along with the CSO



Lucas & Alice at Spencer Park



Sofia & Rick enjoyed going ice skating with the added bonus of being able to play air hockey while there



Junior, Lucas, Rick & Kristian getting up close with the animals at Willowbank



Maggie & Tim

Lamar Room

Welcome back to an exciting year of fun activities in the Lamar room

Since the start of the year we have taken advantage of the beautiful weather, going out for community outings to the parks, picnics and walks.

We start the year with a team of nine playing T-ball in the Helen Anderson Trust T-ball competition, the team name is the Lamar D. We play at Cowles Stadium on a Thursday afternoon 1pm, if you wish to cheer the team along.

Music Therapy, Operatunity Concerts, Jolt, centre Move sessions, work placements, SLT groups as well as planning fun activities for Fridays throughout the year have made the start of the year action packed.

Keep an eye on the Lamar room private Facebook group for some fun photos.

If you haven't done so already, please remember sunblock, hats, sunglasses and a warm layer if the weather changes.

We look forward to seeing you throughout the year.

Ngā mihi - The Lamar room



Isaak running to first base at T-ball



Lisa at the park



Asher at the park



Houng trying out her scooter skills



Marshall, Liam & Levon giving the skate park a hammering



Chrystal at Jolt with her dancing partner



Teresa in a classic car at Drury Enterprises



Charlotte at the Southern Centre



Hannah chilling at Deans Bush



Tom & Jessica sharing a moment with Israel Dagg during the Long Run

Hoon Hay Three

Kia ora koutou from Hoon Hay Three

It's hard to believe we are now into 2023. Happy New Year to everyone.

With the beginning of another year everyone in HH3 have settled in well and are embracing new opportunities as well as returning to some of their old favourites.

Many from HH3 joined the Crusaders, doing a lap or two, during the Long Run which was to raise money for the Child Cancer Foundation. Everyone had a wonderful time and were very proud of their achievement.

Some people have enjoyed a ride in the Haglund at the Antarctic Centre while others hopped on the bus to investigate changes in the CBD. A further group attended Ruapuna practice days. It's fair to say HH3 has been a hive of activity and we are all looking forward to what the rest of 2023 has in store for us.

Hei konā mai from all in HH3



Simon working hard at the gym



Courtney bowling



Michelle back at the pool doing laps



William, Earl, Tom & Eli visited the Toy Museum, with William hopping behind the wheel of a classic car



Leah checking out the deer near Halswell



Michelle back at the pool doing laps

Leacroft

Welcome Back

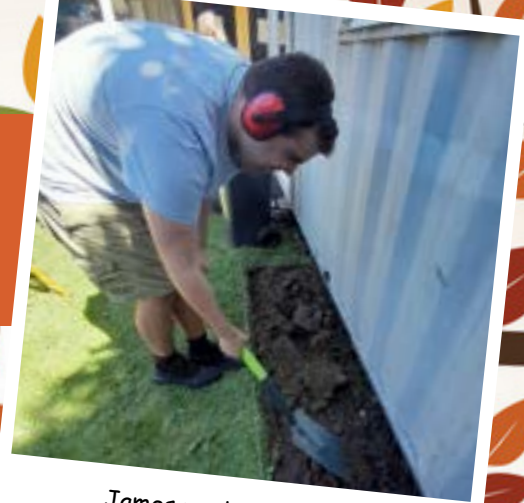
We have started this year with welcoming James Watson who has settled well and is enjoying his days. We also welcomed Jill (returning after an extended absence) and Melissa to the staff team.

The team has been very active with securing new work participation placements. We look forward to supporting the people who attend these placements to ensure they make the most of these community opportunities. Planning goals will be renewed over the upcoming year with our continued aim to ensure persons we support enjoy and make the most of their community activities.

The warm sunny weather has enabled us to put the newly installed heat pumps to the test. These have made a marked difference to comfort levels for everyone. We pass on our appreciation to the people who made this happen.

We are looking at some fundraising activities this year (we have a few ideas we are looking at purchasing). Please look out for these, we welcome your support.

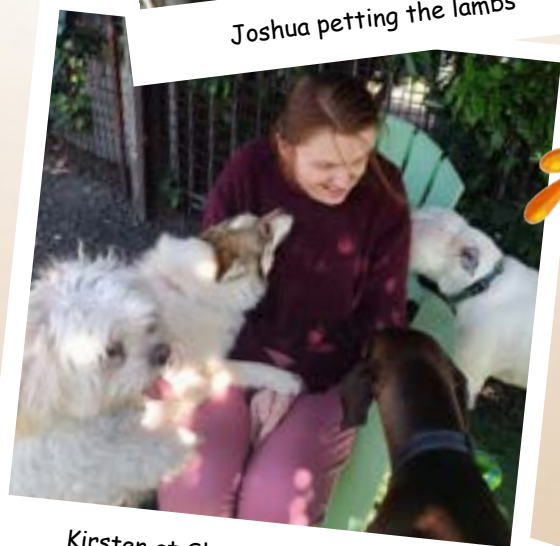
Ngā mihi - The Leacroft team



James working on a new garden project



Joshua petting the lambs



Kirsten at Sharnas Doggy Daycare



Joshua playing in this year's T-ball competition for the Chris Ruth team



Alex T smashing tiles for his mosaic guitar



Alex C at the driving range

Sockburn

Tēnā koutou katoa,

Welcome back everyone. We hope you had an enjoyable time over the holiday period.

Sadly, we have had an unfortunate start to the year with one of our vans being stolen just two days before reopening. We will be looking at using taxis and buses in the meantime. (If anyone knows of a wheelchair van that is for sale please let us know).

We welcome Noah to the centre this year. He has settled in easily and has made new friends as well as slotting into the team seamlessly.

Our year started off a hot one where we have spent time

in the sun, under the sprinkler and enjoying refreshing ice blocks.

Our first highlight for the year was a special visit from the waste management truck as you can see from the attached photos. They were also very generous with gifting hats. The team enjoyed watching the truck empty the neighbour's bin.

Fun activities our people have completed include Blokarting, visiting Willowbank, searching for ducks at local parks, game days on Fridays, Move/Jolt sessions and lots of different crafts activities.

Ngā mihi, Di and the Sockburn team



Noah's 1st day at music jamming to the beat



Margie Jane feeding the hungry eels



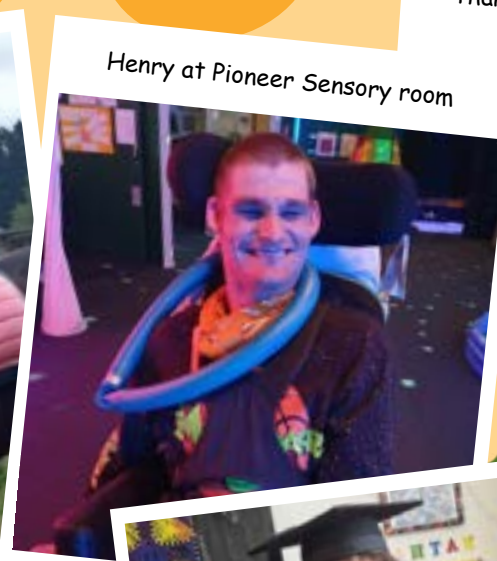
Camille at Willowbank



Thanks to the Waste Management team for visiting & showing us how the truck works!



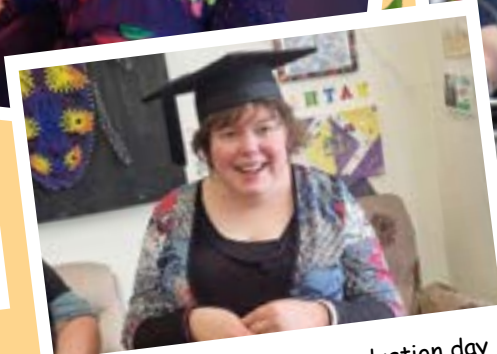
Chessie at her happy place, horse riding & taking in the views



Henry at Pioneer Sensory room



Jessica & Cody having a wonderful time blokarting at Velocity Kart



Tanya on her Sister's graduation day

Ashburton

Ngā mihi o te tau hou (Greetings for the New Year)!

Celebrating with a number of people who play an important part in the lives of the persons we support at the Christmas breakup party was a lovely way to finish 2022. I hope everyone had a wonderful holiday season. It is heart-warming to see everyone's bright smiles and enthusiasm as we get back into our activities.

What a warm start to the year we have had. We have been up to all sorts of shenanigans including water activities, crafts, swimming, community work participations and much, much more!

We look forward to supporting the persons who attend through another year of great experiences and opportunities to enhance their good lives.

*Ngā manaakitanga (many blessings),
Sapphire and the Ashburton team*

Two besties (Aidan & Hayden) hanging out on the swing



Levon working hard on his raised garden bed at the Menzshed



Jasmine and her beautiful macramé cat bed



Jasmine delivering her tasty baking to the Cancer Society



Olivia is really pleased with her pencil case she created



Aidan enjoying a water slide on a warm day!



Hayden looking really proud of his advent calendar he made



Everyone enjoying a game of table hockey





Kaiapoi

Welcome back, Happy New year!!

It was lovely to welcome back the people we support and their family/caregivers.

We welcome Matthew Morris and his family. Mathew has very quickly settled and is enjoying his days at the centre.

We have been busy out and about in our community, enjoying lovely walks in the beautiful summer weather. We invite you to come and have a look at our new outdoor shaded space which the Bunnings community team created for us. We acknowledge and appreciate their support. We have enjoyed afternoon music and picnic lunches to date and look forward to many more activities in the future.

We enjoyed "Shift - The Urban Art Exhibition" in the Canterbury Museum. Everyone loved the 35 spaces across five floors. The art depicted was bursting with a wide range of subjects. Sadly, when "Shift" finishes in April, the museum will be closed for 5 years for a major building redevelopment.

We also enjoyed the Buskers Festival. A great day out was had by all.

Roadworks on the corner of Tunas Street are impacting access to the centre and will be ongoing for at least a month. We will eventually have footpaths and new light signals with a pedestrian crossing that will enable us to cross the road safely. Thank you for your patience while the changes are being made.

Just a reminder to please send in named sunscreen, wipes and three boxes of tissues.

We are looking forward to a jam packed year full of opportunities.

Caroline and the Kaiapoi team



Johnny & Matthew enjoying a walk in the community



Mitch exploring the Shift expedition at the museum



Sophie and Lisa at the Kaiapoi Food Forest



Out & about at the Busker's Festival



Music session in the outdoor shade area



Edwin & Brittany enjoying the Shift expedition

